



**Jeffrey Zeig, PhD**, is the Founder and Director of Milton H. Erickson Foundation. Dr Zeig is the architect of The Evolution of Psychotherapy Conference, the Brief Therapy Conference, the Couples Conference, and the International Congresses on Ericksonian Approaches to Hypnosis and Psychotherapy.

Dr. Zeig is on the Editorial Board of numerous journals; Fellow of the American Psychological Association (Division 29, Psychotherapy); and Fellow of the American Society of Clinical Hypnosis. He is a Distinguished Practitioner in the National Academy of Practice in Psychology of the National Academies of Practice., and an Approved Supervisor of the American Association for Marriage and Family Therapy.

A clinical psychologist, Dr. Zeig has a private practice, and conducts workshops internationally (40 countries). He has been an invited speaker at major universities and teaching hospitals .

Dr Zeig has edited, co-edited, authored or coauthored more than 20 books on psychotherapy that appear in eleven foreign languages.

Dr. Zeig has conducted Master classes 25 times in New York City in the last seven years, and in many foreign countries including Australia, Belgium, France, Germany, Hong Kong, Mexico, Singapore, Taiwan, and Turkey. This will be the third master class in Minnesota.

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# Master Classes

*with*

## Jeff Zeig, PhD

2009 and 2010



# Brief *Psychotherapy*

New York City

Minneapolis

Los Angeles (Seal Beach)

# Master Classes with Jeff Zeig PhD in Brief Psychotherapy

Experienced, licensed psychotherapists are invited to attend a four-day supervision workshop to greatly enhance their skills and promote both personal and professional growth.

The program is based on expert modeling and direct feedback of attendee's clinical work.

This intensive workshop is *EXPERIENTIAL* and is limited to twelve attendees.

**28 CE's from the American Society of Clinical Hypnosis**

Each attendee will assume four roles: two as patient; one as supervisor; and one as therapist with a peer.

Each participant will get an experience as a demonstration patient with Dr. Zeig; will rotate into the role of therapist for another attendee; be a patient with a personal issue you would like to work on (not a case); and work as a supervisor of the peer-therapy dyad. Dr. Zeig supervises each trio.

The environment is intimate and supportive. The learning experience is rich and fertile. Although focused on Erickson-derived approaches, this program is an opportunity to advance clinical skills no matter what your professional orientation and level of experience.

The Master Class is a peerless opportunity for therapist growth and development.

**Four-Day Supervisory Workshop  
(9 AM to 5 PM Thursday-Sunday)**

**Seal Beach/Long Beach**

**July 9-12, 2009**

**Contact:**

**Bobbie McDonald, PsyD  
bmcdonald@getwellnow.com**

**New York City**

**July 23-26, 2009**

**October 1-4, 2009**

**January 21-24, 2010**

**July 15-18, 2010**

**October 14-17, 2010**

**Contact: Helen Adrienne, MSW  
HAMSW@aol.com**

**Minneapolis**

**February 4-7, 2010**

**Contact: David Alter, Ph.D.  
dalterphd@partnersinpsych.com**

**Each class is a unique experience.  
Many attendees take multiple courses.**

## **TESTIMONIALS**

“This was the most exquisite training class I have ever taken.” JW

“These master classes are necessary.” HF

“My creativity was spurred in this environment of openness, support and safety.” SD

“I feel more empowered and self-assured doing hypnotherapy now.” JN

“The experiential format facilitated my growth from the inside out.” DB

“Jeff’s artistry is awe inspiring; learning from talented colleagues is joyous.” SC

“I am a senior clinician and I keep coming back for more Master Classes with Jeff.” FJ