

PANIC DISORDER

Assessment and Treatment Through a Wide-Angle Lens

Frank M. Dattilio, Ph.D., ABPP, & Jesus A. Salas-Auvert, M.A.

Panic disorder is estimated to affect more than 4% of the U.S. population. And the literature on its treatment mirrors that high incidence rate. (The last seven years have produced over 2,500 citations of panic in the professional literature.) Now, in this new one-stop reference, Dattilio and Salas have distilled this wealth of information into a single volume, providing easy access to:

- the latest pharmacological agents,
- tried-and-true cognitive-behavioral techniques,
- and a host of emerging treatments for panic disorder, such as EMDR (Eye Movement Desensitization and Reprocessing) and TFT (Thought Field Therapy).

At the core of this book is the authors' recognition that "no particular treatment can be all things to all people and, therefore, clinicians must remain open to various treatment options." Affording rich clinical detail on the different approaches, as well as numerous illustrative vignettes, Panic Disorder provides incomparable access to state-of-the-art treatment strategies and guidance on how to integrate them to effectively meet each client's distinct treatment needs.

Highlights

- A review of the evolution of the concept of panic, its assessment and diagnosis.
- Clear coverage of diverse clinical perspectives—psychodynamic, cognitive-behavioral, nontraditional, psychopharmacological, homeopathic, and combined treatments.
- One full-length case study illustrating a combined treatment approach to panic with agoraphobia.
- Discussion of atypical panic, dual diagnosis, and panic with complications.
- An array of self-help recommendations.

Comprehensive. Current. Thorough. These are the attributes that make a book more than a book, that make it a resource. These are the attributes that make Dattilio and Salas' book an essential addition to the literature on panic.

ISBN:1-891944-35-5 • 1999 • Hardcover, 336 pages • \$39.95

Frank M. Dattilio, Ph.D., ABPP, is a Clinical Associate in Psychiatry at the Center for Cognitive Therapy, University of Pennsylvania School of Medicine, and is Clinical Director of the Center for Integrative Psychotherapy in Allentown, Pa.

Jesus A. Salas-Auvert, M.A., is Director of Research at the Center for Integrative Psychotherapy and is a visiting faculty member in the master's program in clinical psychology at the Universidad Rafael Urdaneta, Maracaibo, Venezuela.

Please return this form to:
Cornell University Press Services
750 Cascadilla Street, P.O. Box 6525
Ithaca, NY 14851-6525

Ordering Options



Call Toll-Free: **1-800-666-2211**
International: **1-607-277-2211**



Fax Toll-Free: **1-800-688-2877**
International: **1-607-277-6292**



Visit our website at: www.ZeigTucker.com



E-mail: orderbook@cupserv.org

Orders from **individuals** must be accompanied by a check or money order, or may be charged to MasterCard, VISA, American Express, or Discover. **Institutions and libraries** must enclose a signed purchase order.

Title	Price	Quantity	Total
Panic Disorder	\$39.95		
* CA residents add 8.25%, NY residents add 8% Canadian residents add 7% GST.		*Tax	
** US and Canada \$5.00 first copy, \$1.00 each additional. International \$5.50 first copy, \$2.00 each additional.		**Shipping	
		Total	

Name _____

Address 1 _____

Address 2 _____ Apt./Rm. # _____

City _____ State _____ Zip _____

Daytime Phone _____ E-mail _____

METHOD OF PAYMENT

- Check or Money Order enclosed made payable to CUP Services.
 VISA MasterCard AmEx Discover

Account # _____ Signature _____

Exp Date ____ / ____



ZEIG, TUCKER & THEISEN, INC., 3614 North 24th Street, Phoenix, AZ 85016
800-666-2211 • Fax: 800-688-2877 • www.ZeigTucker.com • Marketing@ZeigTucker.com