

EXPERIENTIAL PSYCHOTHERAPY WITH COUPLES

A Guide For The Creative Pragmatist

Rob Fisher – Foreword by Ron Kurtz

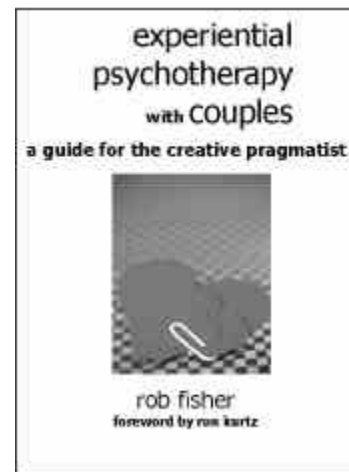
"Well written and filled with clear examples and exercises, this book offers practical guidelines to therapists interested in applying an experiential orientation to couples work and in integrating it with other schools of family therapy."

--Richard C. Schwartz
 Author of *Internal Family Systems Therapy*
 and coauthor of *Family Therapy: Concepts and Methods*

Ever read a book or attended a workshop and thought that the ideas were great, but then were lost when you tried to apply them yourself? This phenomenon seems to be particularly common in the field of psychotherapy. *The charisma effect*: when the words sound convincing and the teacher teaches well, but the concepts disintegrate in practice.

Well, now Rob Fisher steps forward with a new book entitled *Experiential Psychotherapy with Couples: A Guide for the Creative Pragmatist*, in which he not only describes the approach, he explains step by step how to put it into action. Depth and brevity are the two guideposts of the writing, and ample case material and innovative exercises clarify the experiential techniques presented as well as their underlying principles. Fisher's approach helps to move clients (and therapists) from insight to impact as it uncovers opportunities to access and then shift the couple's negative interactive impulses – by engaging them thoughtfully rather than denying their purpose -- toward creating a more satisfying and balanced relationship.

For therapists of any discipline, this book offers practical ways both to understand and to intervene with couples across several dimensions simultaneously. Since issues exist on many levels, so too should therapy if it is to be truly effective and enduring. Rob Fisher's goal? For readers not only to find the book "interesting," but for them to be able to customize and employ what they learn within their own clinical practice.



ISBN: 1-891944-84-3 • 2002 • soft cover • 256 pages • \$44.95

Please return this form to: Cornell University Press Services 750 Cascadilla Street, P.O. Box 6525 Ithaca, NY 14851-6525	Title <i>Experiential Psychotherapy with Couples</i>	Price \$44.95	Quantity	Total
	* CA residents add 8.25%, NY residents add 8% Canadian residents add 7% GST.		*Tax	
Ordering Options Call Toll-Free: 1-800-666-2211 International: 1-607-277-2211 Fax Toll-Free: 1-800-688-2877 International: 1-607-277-6292 Visit our website at: www.ZeigTucker.com E-mail: orderbook@cupserv.org	** US and Canada \$5.00 first copy, \$1.00 each additional. International \$5.50 first copy, \$2.00 each additional.		**Shipping	Total
	Name _____			
	Address 1 _____			
Address 2 _____		Apt./Rm. # _____		
City _____		State _____	Zip _____	
Daytime Phone _____		E-mail _____		
METHOD OF PAYMENT				
<input type="checkbox"/> Check or Money Order enclosed made payable to CUP Services.				
<input type="checkbox"/> VISA <input type="checkbox"/> MasterCard <input type="checkbox"/> AmEx <input type="checkbox"/> Discover				
Account # _____		Signature _____		
Exp Date ____ / ____				

Orders from **individuals** must be accompanied by a check or money order, or may be charged to MasterCard, VISA, American Express, or Discover. **Institutions and libraries** must enclose a signed purchase order.



ZEIG, TUCKER & THEISEN, INC., 3614 North 24th Street, Phoenix, AZ 85016
 800-666-2211 • Fax: 800-688-2877 • www.ZeigTucker.com • Marketing@ZeigTucker.com