

ACKNOWLEDGING WHAT IS

Conversations with Bert Hellinger

Bert Hellinger & Gabriele ten Hövel

In *Acknowledging What Is*, Hellinger sheds light on his unique use of family constellations to reveal hidden -- often destructive -- family dynamics and to activate healing resources. Hellinger also speaks freely and frankly about his observations of the forces at work in family systems and the controversy that surrounds some of those observations.

In this probing interview, Gabriele ten Hovel brings to her conversations with Bert Hellinger a journalist's skepticism. In her voice is the sense of wonderment that many may have who do not understand how such an approach can work or who have only heard about statements attributed to Hellinger. And there are times when we hold our breath, poised to be outraged by his answers and explanations. Instead, the tough questions are met by equally tough answers -- and in the spaces between question and answer the formidable power of the family constellation begins to unfold.

ISBN:1-891944-32-0 • 1999 • Softcover, 162 pages • \$19.95

LOVE'S HIDDEN SYMMETRY

What Makes Love Work in Relationships

Bert Hellinger with Gunthard Weber, M.D., & Hunter Beaumont, Ph.D.

"This book contains the first new ideas in the field in many years."

Stephen Gilligan, Ph.D.

Love's Hidden Symmetry is a book to be read slowly ... and then to be read again and again. Hellinger's basic tool for helping family members restore balance is the use of family constellations. Hellinger, along with coauthors Gunthard Weber and Hunter Beaumont, clarifies how this method can be refined and expanded to galvanize the energy of everyone involved toward a greater sense of well-being. The transcripts included in the book help to capture the extraordinary potential of working appropriately with family constellations. The profound suffering of many of these individuals is more than matched by the opportunity for peace that is revealed in the therapeutic work.

ISBN:1-891944-00-2 • 1998 • Hardcover, 330 pages • \$39.95

TOUCHING LOVE, VOLUME 2

A Teaching Seminar with Bert Hellinger and Hunter Beaumont

Touching Love, Volume II, provides unique access to the work of Bert Hellinger in action. The written documentation of his workshops is absorbing and instructive as the family constellation approach unfolds in powerful and authentic ways. These transcripts allow readers to move alongside therapist and client through interventions that are, at times, unconventional and surprising, and are always thought provoking.

Touching Love features, in addition to Bert Hellinger, a longtime collaborator in his work -- and a master psychotherapist and teacher in his own right -- Hunter Beaumont. The subtle and intense connection between these two men is apparent as their complementary voices seek to consolidate trust in the process so that clients may face and find ways to resolve once-hidden family dynamics.

ISBN:1-891944-37-1 • 1999 • Softcover, 254 pages • \$33.95







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Bert Hellinger: One of Europe's most visible -- and controversial -- psychotherapists and authors, Bert Hellinger has also become a leading voice in the healing arts internationally. A former priest and missionary to the Zulu in South Africa for 16 years, as well as an educator, psychoanalyst, body therapist, group dynamic therapist, and family therapist, he brings vast and diverse experience to his work. Helping professionals everywhere have embraced the new possibilities that this innovative approach offers to their clients. The family constellations, which have become the hallmark of Hellinger's approach, as well as his observations about -- and insights into -- family entanglements and their resolution, have touched the lives of thousands throughout the world.

Gabriele ten Hövel is a political scientist who lives in Hamburg, Germany. A freelance journalist and editor, she is married and has three children.

Gunthard Weber, M.D.: A psychiatrist and systemic family therapist, Gunthard Weber has been affiliated for many years with the Department for Family Therapy at the University of Heidelberg, Germany. He was a cofounder of both the Heidelberg Institute for Systemic Research and the International Association of Systemic Therapy, and, more recently, of the Carl Auer Publishing Company.

Hunter Beaumont, Ph.D.: A graduate of the University of California at Los Angeles and the School of Theology at Claremont, Calif., Hunter Beaumont began his psychotherapeutic career at the Gestalt Therapy Institute of Los Angeles, where he served as president and as a member of the training faculty. A licensed clinical psychologist, in 1980, he accepted a guest professorship in clinical psychology at Ludwig-Macimillian's University in Munich, Germany, teaching graduate courses in Gestalt Therapy and Object Relations Theory. In addition to training and supervising psychotherapists, he has developed an integrated, interdisciplinary approach to treating psychosomatic illnesses and relationship issues.

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