

Two great books from psychoanalyst and playwright Robert Langs

DREAMS & EMOTIONAL ADAPTATION

A Clinical Notebook for Psychotherapists

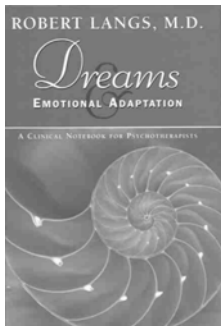
Robert Langs, M.D.

"Langs has not only found a skillful way of translating and understanding the latent content of dreams, he also has found a way of understanding the manifest content of dreams ... His prescribed protocol of treatment affords unusual self-authorization for patients to continue treatment on their own. This is a highly worthwhile book for all mental health professionals."

James S. Grotstein, M.D., Clinical Prof. of Psychiatry, UCLA School of Med.

"This book, sweeping in its scope, demonstrates that dreams are components of the deep unknowable unconscious mind that is essential to human survival. Langs argues that communication is the uniquely human aspect of dreams. His argument incorporates classical Freudian psychoanalysis and modern information theory, neuroscience, anthropology, immunology, and neo-Darwinism. A communicated dream requires a listener. When the listener is a therapist, who can interpret and validate the deeply unconscious meanings, the vastly adaptive unconscious mind becomes more efficient. Freud's Interpretation of Dreams was the dream book of this century. If Langs is correct, the book may become the 'dream book' of the next."

-- James O. Raney, M.D., Clinical Faculty, University of Washington School of Medicine, Seattle



Dr. Langs has designed this book as a practical guide to how to work with both the surface and the depths of dreams. Multileveled and multidimensional, dreams are arguably among the most profound - and most complex - of communications. This discussion goes a long way toward clarifying fundamental modes of listening to and formulating patients' material, as well as demonstrates ways to intervene, both of which will facilitate the work of psychodynamic and cognitive psychotherapists alike.

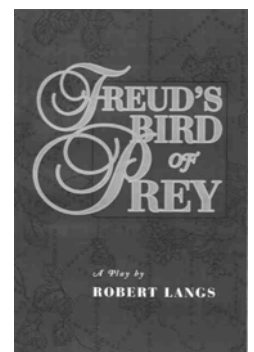
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FREUD'S BIRD OF PREY

Robert Langs, M.D.





In a dramatic departure from his professional writing, Dr. Langs takes the audience back to the rooms of Freud and his inner circle as they struggle to survive their own madness and the madness of those around them. This intricately woven tale of Victor Tausk, Helene Deutsch, Lou Andreas-Salome, and Sigmund Freud emerges with wit and compassion as the story of four people--as well as the story of the inception of psychoanalysis and modern-day psychotherapy.

ISBN:1-891944-03-7 • 2000 • Softcover, 119 pages • \$22.95



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Robert Langs, M.D., is a classically trained psychoanalyst and a prolific author and playwright, as well as a visiting professor of psychiatry at Mt. Sinai Medical School in New York City.

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