

DISARMING THE PAST

How an Intimate Relationship Can Heal Old Wounds

Jerry M. Lewis with John T. Gossett

"In Disarming the Past, Jerry Lewis, M.D., a brilliant thinker, impeccable researcher, and master clinician has translated his knowledge and wisdom from decades of research and couples therapy into a language accessible to the general reader. Together with John T. Gossett, Ph.D., he has written the best book on the healing power of marriage that I have seen. It should be read by all couples and be required reading for all couples therapists."

-- Harville Hendrix, Ph.D.

What would happen if a new miracle drug were developed that could give you:

- better mental and physical health,
- deeper meaning in life,
- greater satisfaction in everyday life,
- and increased psychological health for your children?





Of course, there is no such drug. And yet, there is something can foster these effects: a strong long-term relationship.

Disarming the Past: How an Intimate Relationship Can Heal Old Wounds shows that the central committed relationship in our lives is, among other things, our best chance to extricate ourselves from a painful past. Designed for action, the book reaches out to the entire field – therapists and clients. This is a breakthrough resource for all those who wish to gain the benefits of that as-yet undiscovered miracle drug.

JERRY M. LEWIS, M.D., is Senior Research Psychiatrist at the Timberlawn Research Foundation in Dallas, and is Clinical Professor of Psychiatry at the University of Texas Southwestern Medical School in Dallas.

JOHN T. GOSSETT, Ph.D., Director of the Timberlawn Research Foundation, is a Clinical Professor of Psychology at the Southwestern Medical Center, University of Texas, Dallas, and an Adjunct Professor at the University's School of Human Development.

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